



Course Schedule

Online – Asynchronous – 4:01:35

Lumbopelvic Introduction – 5:17
Lumbopelvic Medical Screening – 20:28
Lumbopelvic Critical Thinking – 27:04
Lumbopelvic Biopsychosocial Approach – 13:16
Lumbopelvic Anatomy/Biomechanics – 58:48
Lumbopelvic Patient Response Model – 21:00
Lumbopelvic Clinical Practice Guidelines – 19:32
Lumbopelvic Clinical Exam Guide – 46:31
Lumbopelvic Manual Therapy Concepts – 25:19
Lumbopelvic Conclusion – 4:20

Live – Day 1 – 8.5 hrs

8:00 am – 8:30 am – Lumbopelvic Online Reflection and Discussion
8:30 am – 9:30 am – Case Study – Critical Thinking Integration
9:30 am – 12:00 pm – Clinical Examination Guide Lab
 - Observation/Inspection
 - Functional Movement
 - Palpation
 - AROM/PROM/RRROM
 - Neuro Exam
 - Special Tests
 - Segmental Testing
12:00 pm – 1:00 pm – LUNCH
1:00 pm – 3:00 pm – Lumbar Manual Therapy Treatment Lab
3:00 pm – 4:00 pm – SIJ Manual Therapy Treat
4:00 pm – 5:00 pm – Lumbopelvic Exercise Prescription
5:00 pm – 5:30 pm – Manual Therapy Practice

Live - Day 2 – 4.5 hrs

8:00 am – 8:30 am – Manual Therapy Practice Lab
8:30 am – 9:30 am – Case Study – Critical Thinking Integration Lab
9:30 am – 10:30 am – Lumbopelvic Soft Tissue Treatment Lab
10:30 am – 11:00 am – Adverse Neurodynamics Lab
11:00 am – 12:00 pm – Tying it all together – Clinical Reasoning Lab
12:00 pm – 12:30 pm – Manual Therapy Practice Lab